

2019 Michigan HS Outdoor Track Elite Boys

Includes all meets, including out-of-state and summer competitions.

+ = converted time; # (after time = en route time recorded on way to longer distance); (!) = in a field event listing indicates an ancillary mark made in competition.

Relay names/splits: to give the athletes the credit they are due, we are trying to include relay names/splits whenever we can for top marks that might make the all-time lists—help us out there by letting us know.

To make corrections: send a note to jeffhollobaugh@aol.com

Updated 5/ 7/2020

100 METERS

10.53	Dylan Brown (Detroit Renaissance)11	Havana/Barrientos Memorial (h) (1.8).....	6/ 7/2019
10.55	Brown	Havana/Barrientos Memorial (h) (1.4).....	6/ 7/2019
10.60	Brown	Detroit/AAU Region 12 (h).....	6/29/2019
10.63	Noah Stallworth (Rockford)12	Detroit/AAU Region 12 (h).....	6/29/2019
10.66	Brown	Greensboro/New Balance Nat. (h) (0.6).....	6/14/2019
10.69	Ashton Sanders (Ann Arbor Huron)11	Greensboro/New Balance Nat. (h) (0.3).....	6/14/2019
10.70	James Flournoy (Westland Glenn)12	Detroit/AAU Region 12 (h).....	6/29/2019
10.71	Stallworth	Kentwood/tri.....	5/ 6/2019
10.75	Brown	Farmington/D1 Regional (-1.9).....	5/18/2019
10.75	Flournoy	Detroit/AAU Region 12.....	6/30/2019
10.76	Sanders	Oak Park/Knight Inv.....	4/26/2019
10.76	Stallworth	Kentwood/D1 State (-0.6).....	6/ 1/2019
10.76	Flournoy	Kentwood/D1 State (-0.6).....	6/ 1/2019
10.76	Ryan Gailliard (Redford Thurston)12	Detroit/AAU Region 12.....	6/30/2019
10.77	Stallworth	Kentwood/D1 State (h) (-1.1).....	6/ 1/2019
10.77	Brown	Detroit/AAU Region 12.....	6/30/2019
10.78	Stallworth	Rockford/dual.....	4/10/2019
10.78	Ja'Kobe Derrick (Flint Beecher)12	East Lansing/Midwest Meet (0.7).....	6/ 8/2019
10.79	Stallworth	Rockford/Inv.....	4/13/2019
10.79	Flournoy	Plymouth/D1 Regional.....	5/17/2019
10.79	Stallworth	Greensboro/New Balance Nat. (h) (0.5).....	6/15/2019
10.79	Gailliard	Detroit/AAU Region 12 (h).....	6/29/2019
10.79	Brown	Greensboro/AAU Junior Olympics (h) (0.4)	7/30/2019
10.80	Stephan Bracey (East Kentwood)12	Grand Haven/D1 Regional.....	5/17/2019
10.81	Ralph Donaldson (Beverly Hills Groves)11	Oak Park/OAA Blue/Gold.....	5/10/2019
10.82	Jarel Jackson (Jenison)12	Wayland/Wildcat Inv.....	4/19/2019
10.83	Dodi Onwuzurike (Birmingham Rice)10	Detroit/AAU Region 12.....	6/30/2019
10.85	Kyle Martin (Ann Arbor Huron)12	Oak Park/Knight Inv.....	4/26/2019
10.85	Emari O'Brien (Harper Woods Chandler Park)12	Oak Park/Knight Inv.....	4/26/2019
10.88	Max Darling (Holt)12	East Lansing/D1 Regional.....	5/17/2019
10.88	Jaylin Holmes (East Kentwood)9	Detroit/AAU Region 12 (h).....	6/29/2019
10.89	John Jackman (Romeo)12	Macomb/Cougars Inv.....	5/11/2019
10.89	Tony Martin (Saginaw)12	Detroit/AAU Region 12 (h).....	6/29/2019
10.91	Nick Huizenga (Greenville)12	East Lansing/D1 Regional.....	5/17/2019
10.91	Trevon Madison (Warren Mott)12	Macomb/County Champs.....	5/23/2019
10.92	Thaddeus Gamble (Grand Rapids Christian)11	Ada/OK Gold.....	5/10/2019
10.93	Jacody Sikora (Farmington)11	Farmington/dual.....	4/10/2019
10.94	Michael Bowens (Oak Park)11	Oak Park/Knight Inv.....	4/26/2019
10.94	Luke Brenner (Forest Hills Eastern)11	Ada/OK Gold.....	5/10/2019
10.95	Jehkota Tierney (GR Northview)12	Grand Haven/D1 Regional (h).....	5/17/2019
10.98	Ben Williams (Farmington Hills Harrison)0	Oak Park/OAA Blue/Gold.....	5/10/2019
10.98	Tommy Watts (Muskegon)11	Grand Haven/D1 Regional.....	5/17/2019
10.99	Nick Huizenga (Greenville)12	East Grand Rapids/Classic.....	5/ 4/2019
10.99	Kyle Stockford (Sanford-Meridian)12	Sanford/Nite-Trax.....	5/ 3/2019
Wind-aided:			
10.54	Noah Stallworth (Rockford)12	Grand Haven/D1 Regional.....	5/17/2019

10.79	Jakobe Derrick (Flint Beecher)12	Hudsonville/D4 State (2.2)	6/1/2019
10.89	Dylan Brown (Detroit Renaissance)11	Farmington/D1 Regional (h) (3.3).....	5/18/2019
10.97	Michael Bowens (Oak Park)11	Dayton/Roosevelt Memorial (2.1).....	5/ 4/2019

Hand-timed:

10.3	Tony Martin (Saginaw)12	Saginaw/dual.....	4/25/2019
10.5	Trevon Madison (Warren Mott)12	Marine City/dual	4/30/2019
10.5	Noah Stallworth (Rockford)12	Kentwood/OK Red	5/10/2019
10.6	Caden Smith (Monroe St Mary)11	Erie/Mason Inv	5/11/2019

200 METERS

21.25	Dylan Brown (Detroit Renaissance)11	Havana/Barrientos Memorial (h) (-2.0).....	6/ 8/2019
21.26	Brown	Greensboro/New Balance Nat. (h) (0.9).....	6/16/2019
21.26	Noah Stallworth (Rockford)12	Greensboro/AAU Junior Olympics (-0.2).....	8/ 2/2019
21.27	Ashton Sanders (Ann Arbor Huron)11	Detroit/AAU Region 12.....	6/30/2019
21.31	Brown	Detroit/AAU Region 12.....	6/30/2019
21.33	Sanders	Greensboro/AAU Junior Olympics (-0.2).....	8/ 2/2019
21.34	Brown	Greensboro/AAU Junior Olympics (s) (-1.3)7/31/2019	
21.35	Brown	Greensboro/AAU Junior Olympics (-0.2).....	8/ 2/2019
21.36	Dodi Onwuzurike (Birmingham Rice)10	Greensboro/AAU Junior Olympics (0.5).....	8/ 2/2019
21.40	Sanders	Greensboro/New Balance Nationals (0.6) ..	6/15/2019
21.41	Brown	Havana/Barrientos Memorial (-2.6)	6/ 8/2019
21.46	Sanders	Greensboro/AAU Junior Olympics (s) (-1.1)7/31/2019	
21.47	Stallworth	Detroit/AAU Region 12 (h).....	6/29/2019
21.51	Brown	Detroit/AAU Region 12 (h).....	6/29/2019
21.57	Stallworth	Detroit/AAU Region 12.....	6/30/2019
21.60	Sanders	Greensboro/New Balance Nat. (h) (1.8).....	6/15/2019
21.61	James Flournoy (Westland Glenn)12	Detroit/AAU Region 12.....	6/30/2019
21.63	Stallworth	Greensboro/AAU Junior Olympics (s) (-2.0)7/31/2019	
21.64	Brown	Farmington/D1 Regional (h) (-2.2)	5/18/2019
21.64	Stallworth	Kentwood/D1 State (-0.3).....	6/ 1/2019
21.67	Onwuzurike	Detroit/AAU Region 12.....	6/30/2019
21.69	Brown	Farmington/D1 Regional (-1.7).....	5/18/2019
21.70	Flournoy	Detroit/AAU Region 12 (h).....	6/29/2019
21.75	Brown	Kentwood/D1 State (-0.3).....	6/ 1/2019
21.77	Sanders	Farmington/NB Inv (1.2).....	5/ 4/2019
21.77	Sanders	Kentwood/D1 State (-0.3).....	6/ 1/2019
21.79	Stallworth	Grand Haven/D1 Regional	5/17/2019
21.88	Max Darling (Holt)12	East Lansing/Honor Roll	5/28/2019
21.88	Ralph Donaldson (Beverly Hills Groves)11	Detroit/AAU Region 12 (h).....	6/29/2019
21.89	Jakobie Harris (Muskegon)12	Grand Haven/D1 Regional	5/17/2019
21.93	Giovanni Weeks (Kent City)12	Jenison/D3 State.....	6/ 1/2019
21.95	Junior Hie (East Kentwood)11	Grand Haven/D1 Regional	5/17/2019
21.97	Brandon Miller (Fenton)10	Kentwood/D1 State (-0.3).....	6/ 1/2019
21.97	Jaylin Holmes (East Kentwood)9	Detroit/AAU Region 12.....	6/30/2019
21.99	Tony Martin (Saginaw)12	Detroit/AAU Region 12.....	6/30/2019
22.02	Luke Brenner (Forest Hills Eastern)11	Zeeland/D2 State (0.2).....	6/ 1/2019
22.07	Caleb Oyster (Utica Eisenhower)12	Warren/D1 Regional.....	5/17/2019
22.08	Quin Broussard (Grand Blanc)12	Lake Orion/D1 Regional.....	5/17/2019
22.14	Jared Tarrance (Westland Glenn)12	Plymouth/D1 Regional	5/17/2019
22.16	Shamar Heard (Clinton Twp Wyandot MS)7	Greensboro/AAU Junior Olympics (s) (-0.2)7/31/2019	
22.21	Brock Booth (Ida)10	Zeeland/D2 State (0.2).....	6/ 1/2019
22.22	Trent Barron (Flint Carman-Ainsworth)12	Goodrich/Inv.....	5/ 3/2019
22.23	Jarel Jackson (Jenison)12	Grand Haven/D1 Regional	5/17/2019
22.24	Noah Sage (Fenton)10	Milford/D1 Regional (0.5)	5/17/2019
22.24	Caleb Schutte (Grandville Calvin Christian)12	Saugatuck/D3 Regional	5/17/2019
22.28	Jalen McGaughy (Detroit King)12	Grosse Pointe/D1 Regional.....	5/17/2019
22.29	Jacob Denison (Tecumseh)12	Milan/D2 Regional.....	5/17/2019
22.29	Vincent Giuliano (Concord)11	Hudsonville/D4 State (0.0)	6/1/2019
22.32	Michael Bowens (Oak Park)11	Oak Park/OAA Blue/Gold	5/10/2019
22.33	John Jackman (Romeo)12	Lake Orion/D1 Regional (h).....	5/17/2019
22.33	Trevon Madison (Warren Mott)12	Macomb/County Champs.....	5/23/2019

Wind-aided:

21.18 Dylan Brown (Detroit Renaissance)11
 21.57 James Flournoy (Westland Glenn)12
 21.66 Dodi Onwuzurike (Birmingham Rice)10
 21.96 Tony Martin (Saginaw)12

Greensboro/New Balance Nationals (3.1).. 6/16/2019
 Albion/AAU District..... 6/16/2019
 Albion/AAU District..... 6/16/2019
 Albion/AAU District..... 6/16/2019

400 METERS

48.32 James Flournoy (Westland Glenn)12
 48.54 Miles Brown (Novi)10
 48.54 Jordon Brown (Niles)12
 48.59 Justin Kudera (Yale)12
 48.74 Noah Sage (Fenton)10
 48.80 Jacob Denison (Tecumseh)12
 48.95 Gunnar Gustafson (Milford)12
 49.25 Dubem Amene (Southfield Christian)11
 49.29 Daniel Phillips (Mattawan)11
 49.31 Jeronn Body (Grand Blanc)12
 49.34 Trent Barron (Flint Carman-Ainsworth)12
 49.40 Michael Ostuno (East Kentwood)11
 49.53 Dillon Tatum (West Bloomfield)9
 49.55 Edward Watkins (Orchard Lake St Mary)10
 49.59 Tamaal Myers (Detroit Cass Tech)9
 49.62 Shamar Heard (Clinton Twp Wyandot MS)7
 49.65 Parker Raymond (Rochester Adams)12
 49.67 Gavin Check (Detroit Catholic Central)11
 49.68 Berry Matthews (Salem)12
 49.70 Caiden Morin (Muskegon Mona Shores)12
 49.70 Joshua Flake (Oak Park)9
 49.72 Tyler Burrell (Walled Lake Central)12
 49.76 Titus Bretzke (Greenville)10
 49.77 Oliver Alvestetter (Caledonia)12
 49.79 Cameron Wirth (Pewamo-Westphalia)12
 49.87 Srikar Komanduri (Canton)11
 49.87 Dakota Mitchell (Fruitport)10
 49.90 Carson Holwerda (Zeeland West)10
 49.92 Wesley Simpson (Marysville)12
 49.95 Ryan Mixon (Flushing)11
 49.99 Giovanni Weeks (Kent City)12

Kentwood/D1 State 6/ 1/2019
 Novi/KLAA..... 5/10/2019
 Greensboro/AAU Junior Olympics 8/ 2/2019
 East Lansing/Midwest Meet 6/ 8/2019
 Kentwood/D1 State 6/ 1/2019
 Zeeland/D2 State 6/ 1/2019
 Waterford/Lakes Conference 5/11/2019
 Detroit/AAU Region 12..... 6/29/2019
 Kentwood/D1 State 6/ 1/2019
 Kentwood/D1 State 6/ 1/2019
 Goodrich/Inv..... 5/ 3/2019
 Kentwood/D1 State 6/ 1/2019
 Greensboro/AAU Junior Olympics (h)..... 8/ 2/2019
 Greensboro/AAU Junior Olympics (h)..... 8/ 2/2019
 Greensboro/AAU Junior Olympics (h)..... 8/ 2/2019
 Greensboro/AAU Junior Olympics 8/ 3/2019
 Greensboro/AAU Junior Olympics (h)..... 8/ 2/2019
 Clarkston/Oakland County 5/24/2019
 Kentwood/D1 State 6/ 1/2019
 Muskegon/WM All-Star..... 5/22/2019
 Greensboro/AAU Junior Olympics 8/ 2/2019
 Milford/D1 Regional..... 5/17/2019
 Greenville/Daily News 5/29/2019
 Comstock Park/Metro Health 5/22/2019
 Bath/D3 Regional 5/17/2019
 Plymouth/D1 Regional 5/17/2019
 Muskegon/WM All-Star..... 5/22/2019
 Allendale/D2 Regional..... 5/18/2019
 Zeeland/D2 State 6/ 1/2019
 East Lansing/Spartan Classic 4/26/2019
 Big Rapids/Mitchell Creek MOC..... 5/24/2019

800 METERS

1:51.49 Miles Brown (Novi)10 (55.91/55.58)
 1:51.83 Brown
 1:51.83 Patrick Byrnes (Plymouth)10
 1:51.94 Nick Foster (Ann Arbor Pioneer)12
 1:52.56 Titus Bretzke (Greenville)10
 1:52.56 Brown
 1:52.87 Nicholas Couyoumjian (Northville)12
 1:52.88 Couyoumjian
 1:52.89 Brown
 1:52.96 Foster
 1:53.04 Couyoumjian
 1:53.29 Parker Raymond (Rochester Adams)12
 1:53.31 Couyoumjian
 1:53.37 Byrnes
 1:53.58 Raymond
 1:53.62 Raymond
 1:53.93 Noah Fuerst (Waterford Mott)12
 1:54.42 Oliver Alvesteffer (Caledonia)12
 1:54.93 James Cardwell (Ann Arbor Huron)12
 1:54.96 Hunter Zartman (Otsego)11
 1:55.04 Jeremy Kloss (Harbor Springs)12
 1:55.10 Aiden McLaughlin (Morley-Stanwood)11
 1:55.37 Alex Burnham (Davison)11

Greensboro/New Balance Nationals 6/16/2019
 Kentwood/D1 State 6/ 1/2019
 Kentwood/D1 State 6/ 1/2019
 East Lansing/Midwest Meet 6/ 8/2019
 Kentwood/D1 State 6/ 1/2019
 Greensboro/AAU Junior Olympics 7/31/2019
 Kentwood/D1 State 6/ 1/2019
 East Lansing/Midwest Meet 6/ 8/2019
 Milford/D1 Regional..... 5/17/2019
 Dexter/Larry Steeb 5/28/2019
 Saline/Golden Triangle..... 5/ 3/2019
 Greensboro/AAU Junior Olympics 7/31/2019
 Milford/D1 Regional..... 5/17/2019
 Saline/Golden Triangle..... 5/ 3/2019
 Kentwood/D1 State 6/ 1/2019
 Clarkston/Oakland County 5/24/2019
 Kentwood/D1 State 6/ 1/2019
 Kentwood/D1 State 6/ 1/2019
 Kentwood/D1 State 6/ 1/2019
 Saline/Golden Triangle..... 5/ 3/2019
 Gaylord/Herald Times 5/28/2019
 Jenison/D3 State..... 6/ 1/2019
 Kentwood/D1 State 6/ 1/2019

1:55.68	Logan Williams (Big Rapids)12	Zeeland/D2 State	6/ 1/2019
1:55.84	Matt Jontz (Brighton)11	Kentwood/D1 State	6/ 1/2019
1:55.85	Dubem Amene (Southfield Christian)11	Detroit/AAU Region 12	6/30/2019
1:56.00	Jack Rankin (Orchard Lake St Mary)11	Ortonville/USATF State Junior Olympics....	6/22/2019
1:56.04	Jack Carter (Flint Carman-Ainsworth)11	Auburn/D1 Regional.....	5/17/2019
1:56.06	Terrence Brooks (Clinton Twp Chippewa Vall)11	Greensboro/AAU Junior Olympics	7/31/2019
1:56.11	Javonne Kirksey (Oak Park)12	Detroit/AAU Region 12	6/30/2019
1:56.22	Brock Boze (Saline)12	Saline/Golden Triangle	5/ 3/2019
1:56.51	Micah VanderKooi (GR South Christian)11	Ada/D2 Regional	5/17/2019
1:56.62	Carter Lovejoy (Corunna)12	Zeeland/D2 State	6/ 1/2019
1:56.66	Carson Rabbitt (Chelsea)12	Dexter/Larry Steeb	5/28/2019
1:56.86	Matthew Gustitus (Novi)10	Saline/Golden Triangle	5/ 3/2019

1500 METERS

3:47.96#	Nick Foster (Ann Arbor Pioneer)12	Shoreham/Brooks PR (1M)	6/15/2019
3:58.8#	Foster	Dexter/April Showers (1600)	4/20/2019
3:59.20#	Ransom Allen (Ithaca)12	Greensboro/New Balance Nationals (1M) ..	6/14/2019
4:00.0#	Alex Penski (Holt)11	Saline/Golden Triangle (1M).....	5/ 3/2019
4:00.0#	Owen Huard (Dexter)11	Saline/Golden Triangle (1M).....	5/ 3/2019
4:00.7#	Blake Maday (Novi)12	Saline/Golden Triangle (1M).....	5/ 3/2019
4:02.0#	Carson Rabbitt (Chelsea)	Saline/Golden Triangle (1M).....	5/ 3/2019
4:03.25#	Josh Smith (Alpena)12	Greensboro/New Balance Nationals (1M) ..	6/14/2019
4:04.1#	Carter Solomon (Plymouth)11	Dexter/April Showers (1600)	4/20/2019

1600 METERS

4:01.8#	Nick Foster (Ann Arbor Pioneer)12	Shoreham/Brooks PR (1M)	6/15/2019
4:12.32	Foster	Kentwood/D1 State	6/ 1/2019
4:12.87	Foster	Ypsilanti/D1 Regional	5/17/2019
4:13.25	Patrick Byrnes (Plymouth)10	Kentwood/D1 State	6/ 1/2019
4:14.09	Foster	Dexter/April Showers	4/20/2019
4:14.25+	Ransom Allen (Ithaca)12	Greensboro/New Balance Nat. (4:15.73) ...	6/14/2019
4:14.95	Alex Penski (Holt)11	Kentwood/D1 State	6/ 1/2019
4:15.34+	Jozef Meyers (Kalamazoo Norrix)11	Milwaukee/WISCO Mile (4:16.82)	6/ 8/2019
4:15.44	Sam Martens (Holland)12	Comstock Park/Metro Health	5/22/2019
4:15.49+	Owen Huard (Dexter)11	Greensboro/New Balance Nat. (4:16.98) ...	6/14/2019
4:15.59	Jeremy Kloss (Harbor Springs)12	Jenison/D3 State	6/ 1/2019
4:15.67+	Blake Maday (Novi)12	Greensboro/New Balance Nat. (4:17.16) ...	6/14/2019
4:15.97	Ben Jacobs (Corunna)12	East Lansing/Midwest Meet	6/ 8/2019
4:15.99	Josh Smith (Alpena)12	East Lansing/Midwest Meet	6/ 8/2019
4:16.33	Carter Solomon (Plymouth)11	Kentwood/D1 State	6/ 1/2019
4:16.41	Jack Carter (Flint Carman-Ainsworth)	Kentwood/D1 State	6/ 1/2019
4:16.74	Harrison Gryzmkowski (White Lake Lakeland)12	Kentwood/D1 State	6/ 1/2019
4:16.76	Nathan Walker (Fremont)10	Alma/Scottie Classic	5/11/2019
4:17.20	Evan Bishop (East Grand Rapids)11	Comstock Park/Metro Health	5/22/2019
4:17.40	Nicholas Couyoumjian (Northville)12	Dexter/Larry Steeb	5/28/2019
4:17.61	Andrew Nolan (Lake Orion)11	Kentwood/D1 State	6/ 1/2019
4:17.90	Jack Wilson (Romeo)11	Lake Orion/D1 Regional	5/17/2019
4:18.26#	Carson Rabbitt (Chelsea)12	Saline/Golden Triangle (mile).....	5/ 3/2019
4:18.41	Alex Comerford (Otsego)12	Sturgis/D2 Regional	5/17/2019
4:18.45	Jack Spamer (Brighton)11	Milford/D1 Regional.....	5/17/2019
4:18.54	John Florence (Ann Arbor Pioneer)12	Ypsilanti/D1 Regional	5/17/2019
4:18.81	Nate Vrugink (Hudsonville)12	Comstock Park/Metro Health	5/22/2019
4:19.24	Corey Gorgas (Saugatuck)12	Saugatuck/D3 Regional	5/17/2019
4:19.60	Aden Smith (Alpena)12	Midland/Graves-Swayze Relays	4/18/2019

Mile (no conversions):

4:03.11	Nick Foster (Ann Arbor Pioneer)12 (440y: 60.3, 62.9, 62.4, 57.6)	Shoreham/Brooks PR	6/15/2019
4:15.73	Ransom Allen (Ithaca)12	Greensboro/New Balance Nationals	6/14/2019
4:16.82	Jozef Meyers (Kalamazoo Norrix)11	Milwaukee/WISCO Mile	6/ 8/2019
4:16.98	Owen Huard (Dexter)11	Greensboro/New Balance Nationals	6/14/2019
4:17.16	Blake Maday (Novi)12	Greensboro/New Balance Nationals	6/14/2019
4:17.28	Alex Penski (Holt)11	Saline/Golden Triangle	5/ 3/2019

4:18.52 Carson Rabbitt (Chelsea) Greensboro/New Balance Nationals 6/14/2019

2000 STEEPLE

6:32.06	Jibril Syed (Auburn Hills Avondale)11	Detroit/AAU Region 12.....	6/28/2019
6:37.44	Syed	Greensboro/AAU Junior Olympics	7/31/2019
6:38.91	Christopher Rupard (Macomb Lutheran North)11	Detroit/AAU Region 12.....	6/28/2019
6:44.17	Joshua Cundy (Macomb Lutheran North)10	Detroit/AAU Region 12.....	6/28/2019
6:58.31	Jacob Harberts (Macomb Dakota)10	Detroit/AAU Region 12.....	6/28/2019
7:13.84	Dylan Sanford (Springport)10	Detroit/AAU Region 12.....	6/28/2019
7:16.70	Garrett Goulding (Port Huron)11	Detroit/AAU Region 12.....	6/28/2019
7:16.81	Darius Sharif (West Bloomfield)9	Detroit/AAU Region 12.....	6/28/2019
7:37.30	Terry Emeigh (Allen Park)11	Detroit/AAU Region 12.....	6/28/2019

3000 METERS

8:22.0#	Nick Foster (Ann Arbor Pioneer)12	Saline/Golden Triangle (3200).....	5/ 3/2019
8:23.5#	James Gedris (Grosse Ile)12	Saline/Golden Triangle (3200).....	5/ 3/2019
8:26.6#	Alex Comerford (Otsego)12	Saline/Golden Triangle (3200).....	5/ 3/2019
8:28.9#	Evan White (Milford)12	Saline/Golden Triangle (3200).....	5/ 3/2019
8:30.8#	John Florence (Ann Arbor Pioneer)12	Saline/Golden Triangle (3200).....	5/ 3/2019
8:31.5#	Evan Bishop (East Grand Rapids)11	Saline/Golden Triangle (3200).....	5/ 3/2019
8:32.2#	Anthony Hancock (Dearborn Divine Child)11	Saline/Golden Triangle (3200).....	5/ 3/2019
8:32.51#	Gedris	Greensboro/New Balance Nationals (2M)..	6/15/2019
8:33.1#	Carter Solomon (Plymouth)11	Saline/Golden Triangle (3200).....	5/ 3/2019
8:35.2#	Nathan Walker (Fremont)10	Saline/Golden Triangle (3200).....	5/ 3/2019
8:37.1#	George Nummer (Birmingham Seaholm)12	Saline/Golden Triangle (3200).....	5/ 3/2019
8:38.1#	Jack Spamer (Brighton)11	Saline/Golden Triangle (3200).....	5/ 3/2019
8:38.7#	Jensen Holm (Chelsea)12	Saline/Golden Triangle (3200).....	5/ 3/2019
8:39.2#	Jozef Meyers (Kalamazoo Norrix)11	Saline/Golden Triangle (3200).....	5/ 3/2019
8:43.8#	Michael Hancock (Dearborn Divine Child)11	Saline/Golden Triangle (3200).....	5/ 3/2019
8:47.9#	Ransom Allen (Ithaca)12	Jenison/D3 State (3200)	6/ 1/2019

3200 METERS

8:52.41	Nick Foster (Ann Arbor Pioneer)12	Saline/Golden Triangle.....	5/ 3/2019
9:00.17	James Gedris (Grosse Ile)12	Saline/Golden Triangle.....	5/ 3/2019
9:01.43	Alex Comerford (Otsego)12	Saline/Golden Triangle.....	5/ 3/2019
9:03.13+	Gedris (4:38.9/4:27.4)	Greensboro/New Balance Nat. (9:06.29) ...	6/15/2019
9:05.28	Evan White (Milford)12	Saline/Golden Triangle.....	5/ 3/2019
9:05.31	John Florence (Ann Arbor Pioneer)12	Saline/Golden Triangle.....	5/ 3/2019
9:06.55	Evan Bishop (East Grand Rapids)11	Saline/Golden Triangle.....	5/ 3/2019
9:06.65	Anthony Hancock (Dearborn Divine Child)11	Zeeland/D2 State	6/ 1/2019
9:08.03	Bishop	Zeeland/D2 State	6/ 1/2019
9:08.55	Foster	Kentwood/D1 State	6/ 1/2019
9:08.77	Hancock	Saline/Golden Triangle.....	5/ 3/2019
9:08.96	Carter Solomon (Plymouth)11	Saline/Golden Triangle.....	5/ 3/2019
9:10.61	Nathan Walker (Fremont)10	Saline/Golden Triangle.....	5/ 3/2019
9:11.29	Aden Smith (Alpena)12	Kentwood/D1 State	6/ 1/2019
9:12.07	George Nummer (Birmingham Seaholm)12	Saline/Golden Triangle.....	5/ 3/2019
9:12.56	Jack Spamer (Brighton)11	Saline/Golden Triangle.....	5/ 3/2019
9:13.33	Jensen Holm (Chelsea)12	Saline/Golden Triangle.....	5/ 3/2019
9:14.33	Jozef Meyers (Kalamazoo Norrix)11	Saline/Golden Triangle.....	5/ 3/2019
9:15.56	Sam Martens (Holland)12	Kentwood/D1 State	6/ 1/2019
9:16.81+	Michael Hancock (Dearborn Divine Child)11	Greensboro/New Balance Nat. (9:20.05) ...	6/15/2019
9:18.38	Zachary Stewart (Brighton)11	Saline/Golden Triangle.....	5/ 3/2019
9:18.77	Will Minnette (Saline)11	Saline/Golden Triangle.....	5/ 3/2019
9:19.43	Brendan Favazza (Clarkston)	Kentwood/D1 State	6/ 1/2019
9:19.70	Ransom Allen (Ithaca)12	Jenison/D3 State.....	6/ 1/2019

2 Miles (no conversions):

9:06.29	James Gedris (Grosse Ile)12	Greensboro/New Balance Nationals	6/15/2019
9:17.73	Evan Bishop (East Grand Rapids)11	Greensboro/New Balance Nationals	6/15/2019
9:20.05	Michael Hancock (Dearborn Divine Child)11	Greensboro/New Balance Nationals	6/15/2019
9:21.08	Carter Solomon (Plymouth)11	Greensboro/New Balance Nationals	6/15/2019

5000 METERS

14:29.92	James Gedris (Grosse Ile)12	Greensboro/New Balance Nationals	6/14/2019
14:30.41	Evan Bishop (East Grand Rapids)11	Greensboro/New Balance Nationals	6/14/2019
15:54.00	Jensen Holm (Chelsea)12	Greensboro/New Balance Nationals	6/14/2019

110 HURDLES

13.98	Keshaun Harris (Lansing Waverly)12	Kentwood/D1 State (-0.1).....	6/ 1/2019
14.06	Harris	East Lansing/Midwest Meet (1.1).....	6/ 8/2019
14.14	Harris	East Lansing/D1 Regional.....	5/17/2019
14.17	Harris	Mason/Inv.....	4/26/2019
14.19	Shane Ross (Oxford)11	Greensboro/New Balance Nat. (h) (1.1)....	6/14/2019
14.23	Harris	East Lansing/D1 Regional.....	5/17/2019
14.24	Brandon Ratliff (Wyoming)12	Grand Haven/D1 Regional.....	5/17/2019
14.24	Harris	Kentwood/D1 State (h) (-1.0)	6/ 1/2019
14.28	Harris	Flint/Cavalier Classic.....	5/ 3/2019
14.28	Thomas Moreman (Lake Orion)12	Lake Orion/D1 Regional.....	5/17/2019
14.37	Carson Jensen (Milford)12	Milford/D1 Regional (0.7)	5/17/2019
14.39	Michael Ostuno (East Kentwood)11	Grand Haven/D1 Regional	5/17/2019
14.44	Malcolm Caldwell (Plymouth)12	Plymouth/D1 Regional	5/17/2019
14.50	Heath Baldwin (Kalamazoo Hackett)12	Breckenridge/MITCA D4	5/25/2019
14.53	Ethan Flores (Fruitport)11	Zeeland/D2 State (0.4).....	6/ 1/2019
14.54	Jaylin Holmes (East Kentwood)9	Greensboro/New Balance Nationals (-1.6).	6/13/2019
14.56	Leo Gabaron (Ann Arbor Pioneer)11	Dexter/Larry Steeb	5/28/2019
14.60	Nathan Furst (Caro)12	Caro/Thumb MOC.....	5/28/2019
14.61	Darrin King (Detroit Country Day)12	Oak Park/Knight Inv	4/26/2019
14.63	Noah Babin (Algonac)12	Clio/D2 Regional	5/17/2019
14.63	Brad Dunn (Saugatuck)12	Genison/D3 State.....	6/ 1/2019
14.64	Tamaal Myers (Detroit Cass Tech)9	Greensboro/New Balance Nat. (h) (-0.6)....	6/13/2019
14.68	Jake Rasmussen (Greenville)12	Greenville/tri.....	4/23/2019
14.69	Ryan Olsen (Greenville)12	Greenville/tri.....	4/23/2019
14.71	Ben Shuart (Northville)	Kentwood/D1 State (-0.1).....	6/ 1/2019
14.72	Ne Shuart (Northville)12	Novi/KLAA.....	5/10/2019

Wind-aided:

14.31	Brandon Ratliff (Wyoming)12	Wyoming/Solis Inv.....	4/20/2019
14.31	Thomas Moreman (Lake Orion)12	Farmington/NB Inv (2.4).....	5/ 4/2019

300 HURDLES

37.63	Thomas Moreman (Lake Orion)12	Lake Orion/D1 Regional.....	5/17/2019
37.75	Keshaun Harris (Lansing Waverly)12	Kentwood/D1 State	6/ 1/2019
37.86	Moreman	Kentwood/D1 State	6/ 1/2019
37.87	Moreman	Farmington/NB Inv	5/ 4/2019
38.15	Shane Ross (Oxford)11	Lake Orion/D1 Regional.....	5/17/2019
38.28	Elijah Ealy (East Kentwood)12	East Lansing/Midwest Meet	6/ 8/2019
38.31	Leo Gabaron (Ann Arbor Pioneer)11	Kentwood/D1 State	6/ 1/2019
38.37	Carson Jensen (Milford)12	Saline/Golden Triangle.....	5/ 3/2019
38.42	Gavin Check (Detroit Catholic Central)11	Milford/D1 Regional.....	5/17/2019
38.56	Jake Rasmussen (Greenville)12	Kentwood/D1 State	6/ 1/2019
38.76	Ryan Olsen (Greenville)12	East Grand Rapids/Classic	5/ 4/2019
39.12	Ethan Brooks (Zeeland West)10	Allendale/D2 Regional.....	5/18/2019
39.18	De'Marion Parks (Wyoming)11	East Grand Rapids/Classic	5/ 4/2019
39.19	Tamaal Myers (Detroit Cass Tech)9	Kentwood/D1 State	6/ 1/2019
39.39	Ethan Flores (Fruitport)11	Zeeland/D2 State	6/ 1/2019
39.47	Malcolm Caldwell (Plymouth)12	Kentwood/D1 State	6/ 1/2019
39.55	Kevin Davis (Ypsilanti Lincoln)10	Kentwood/D1 State	6/ 1/2019
39.74	Brandon Michalak (Macomb Dakota)12	Warren/D1 Regional.....	5/17/2019

400 HURDLES

52.68	Tamaal Myers (Detroit Cass Tech)9	Greensboro/AAU Junior Olympics	7/30/2019
54.10	Myers	Greensboro/AAU Junior Olympics (h)	7/29/2019
53.82	Jibril Syed (Auburn Hills Avondale)11	Greensboro/AAU Junior Olympics (h)	7/29/2019
55.48	Syed	Detroit/AAU Region 12.....	6/29/2019
55.58	Leo Gabaron (Ann Arbor Pioneer)11	Greensboro/AAU Junior Olympics (h)	7/29/2019

55.60	Gabaron	Detroit/AAU Region 12.....	6/29/2019
55.67	Syed	Greensboro/AAU Junior Olympics	7/30/2019
55.73	Myers	Detroit/AAU Region 12.....	6/29/2019
56.17	Carson Jensen (Milford)12	Greensboro/New Balance Nationals	6/16/2019
56.25	Brenden Edoff (Brighton)11	Detroit/AAU Region 12.....	6/29/2019
56.58	Kevin Davis (Ypsilanti Lincoln)10	Greensboro/AAU Junior Olympics (h)	7/29/2019
57.38	Aaron Dickason (Kalamazoo Central)11	Greensboro/AAU Junior Olympics (h)	7/29/2019
58.71	Tommy Ford (Romulus)12	Greensboro/AAU Junior Olympics (h)	7/29/2019
59.51	Jacob Lucas (Brighton)10	Detroit/AAU Region 12.....	6/29/2019

HIGH JUMP

6-9	Heath Baldwin (Kalamazoo Hackett)12	Breckenridge/MITCA D4	5/25/2019
6-8.5	Baldwin	Coloma/tri.....	4/17/2019
6-7	Jalen Nelson (Dansville)10	Leslie/Blackhawk Inv	5/ 4/2019
6-7	Sal Tranchida (Marine City)11	Jenison/D3 State.....	6/ 1/2019
6-6	Spencer Eves (Hillsdale)12	Hillsdale/tri.....	3/27/2019
6-6	Andre Daniels (Waterford Kettering)12	South Lyon/tri	4/17/2019
6-6	Faylin Goodwin (Kalamazoo Central)12	Kalamazoo/dual	4/16/2019
6-6	Garrett Daniels (Midland Dow)11	Auburn/BCW Inv	5/ 3/2019
6-6	Conor Bush (Belleville)11	Novi/KLAA.....	5/10/2019
6-6	Bradley Schwiderson (Au Gres-Sims)12	Indian River/D4 Regional	5/17/2019
6-6	Ethan Engelhardt (Saginaw Valley Lutheran)12	Chesaning (D3 Regional).....	5/17/2019
6-6	Ethan Vargo (Grand Blanc)11	Lapeer/Saginaw Valley League	5/22/2019
6-6	Noel Spence (Lansing Catholic)10	Charlotte/CAAC White	5/22/2019
6-6	Cass Dobrowolski (Port Huron Northern)10	Utica/tri	5/ 7/2019
6-6	John Ukamadu (Roseville)12	East China/MAC Gold	5/21/2019
6-6	Matt Veneziano (Parma Western)11	Zeeland/D2 State	6/ 1/2019
6-6	Shamuel Hollins (Richland Gull Lake)11	Albion/AAU District.....	6/16/2019
6-6	Justin Saje (Macomb Lutheran North)11	Detroit/AAU Region 12.....	6/28/2019

POLE VAULT

16-2	Henry Sheldon (Dexter)11	Dexter/Daze Field Events.....	8/10/2019
16-1.25	Gabe Bullis (Alpena)11	Greensboro/New Balance Nationals	6/16/2019
15-9	Bullis	West Branch/Falcon Inv	5/10/2019
15-7.25	Colton Emeott (East Kentwood)11	Greensboro/New Balance Nationals	6/14/2019
15-7.25	Bullis	Greensboro/New Balance Nationals (!).....	6/16/2019
15-7	Bullis	Traverse City/dual	4/16/2019
15-6	Sheldon	Ypsilanti/D1 Regional	5/17/2019
15-6	Sheldon	Dexter/Larry Steeb	5/28/2019
15-4	Emeott	Comstock Park/Metro Health	5/22/2019
15-3	Bullis	Alpena/New Honor Roll.....	5/28/2019
15-3	Bullis	Kentwood/D1 State	6/ 1/2019
15-2.5	Josh DeVries (GR South Christian)12	Ada/D2 Regional.....	5/17/2019
15-2	Sheldon	Saline/Golden Triangle	5/ 3/2019
15-1	Ryan Talbot (Forest Hills Central)12	Cedar Springs/Red Hawk Inv	5/ 4/2019
15-0	Oliver Bishop (Dexter)12	Ypsilanti/D1 Regional	5/17/2019
15-0	Cavan Wilcox (Gibraltar Carlson)12	Dexter/Dexter Daze.....	8/10/2019
14-9	Mason Mahacek (Grand Haven)12	Kentwood/OK Red	5/10/2019
14-6	Tim Hunt (Port Huron Northern)12	Marysville/Inv	5/10/2019
14-6	Jacob Krutsch (Hillsdale Academy)11	Breckenridge/MITCA D4	5/25/2019
14-4	Quentin Henderson (Eaton Rapids)11	Mason/D2 Regional.....	5/17/2019
14.4	Zachary Elmore (Cadillac)12	Remus/D2 Regional	5/18/2019
14-3	Ethan Huey (Gaylord)12	Gaylord/Blue Devil Classic.....	5/ 3/2019
14-3	Evan Carter (Canton)12	Plymouth/D1 Regional	5/17/2019
14-3	Keegan Nutt (Springport)12	Quincy/Big 8.....	5/22/2019
14-3	Wyatt Alwine (Constantine)11	Jenison/D3 State.....	6/ 1/2019

LONG JUMP

24-1.25	Stephan Bracey (East Kentwood)12	Kentwood/D1 State (1.0).....	6/ 1/2019
23-11.75	Jehkota Tierney (Grand Rapids Northview)12	Kentwood/D1 State (1.6).....	6/ 1/2019
23-8.5	Stefan Baldwin (Waterford Kettering)12	Kentwood/D1 State (1.6).....	6/ 1/2019
23-7	Tony Martin (Saginaw)12	Davison/Twilight	5/10/2019

23-3	Martin	Davison/5-way.....	4/23/2019
23-1	Caden Domzalski (Canton)11	Kentwood/D1 State (0.5).....	6/ 1/2019
22-11.5	Martin	Zeeland/D2 State (0.0).....	6/ 1/2019
22-10.5	Bracey	Kentwood/OK Red	5/10/2019
22-9	Colton Emeott (East Kentwood)11	Kentwood/D1 State (0.2).....	6/ 1/2019
22-7.5	John White (Midland)12	Mt Pleasant/tri	4/30/2019
22-7.5	Darren Bullock-Howard (Southfield)12	Kentwood/D1 State (0.4).....	6/ 1/2019
22-6.5	Trey Searles (Traverse City Central)11	Traverse City/Big North	5/22/2019
22-5.5	Kyle Stockford (Sanford-Meridian)12	Chesaning/D3 Regional	5/17/2019
22-3.5	Isaac TeSlaa (Hudsonville Unity Christian)11	Allendale/D2 Regional.....	5/18/2019
22-2.25	Micah Cretsinger (Jackson)	Kentwood/D1 State (1.0).....	6/ 1/2019
22-2	Pierce Foster (Grand Haven)12	Kentwood/OK Red	5/10/2019
22-1.75	Justin Kudera (Yale)12	Zeeland/D2 State (0.6).....	6/ 1/2019
22-1	Elijah Lewis (Leroy Pine River)12	Leroy/dual	5/ 7/2019
22-0	Adjoni Kirkland (East Lansing)12	Jackson/Janke Inv.....	4/26/2019
22-0	Ernest Sanders (Flint Beecher)11	Webberville/tri	4/30/2019
22-0	Dominique Stovall (Pontiac)12	Zeeland/D2 State (0.5).....	6/ 1/2019

Wind-aided:

24-0.25	Tony Martin (Saginaw)12	Saginaw/tri	4/ 9/2019
23-4.5	Stefan Baldwin (Waterford Kettering)12	East Lansing/Midwest Meet (7.1).....	6/ 8/2019
23-3.75	Martin	East Lansing/Midwest Meet (6.2).....	6/ 8/2019
23-2	Martin	Saginaw/tri (!).....	4/ 9/2019
23-0.5	Kevin Jackson (Walled Lake Western)12	Brighton/Bulldog Inv	4/27/2019

Questionable Measurement:

26-6	Tony Martin (Saginaw)12	Saginaw/vs Hill (1.8)	4/25/2019
23-11	Martin	Saginaw/vs Hill (2.0) (!).....	4/25/2019
23-5	Martin	Saginaw/vs Hill (1.6) (!).....	4/25/2019

TRIPLE JUMP

41-0.5	Frank Black (Berkley)11	Dayton/Roosevelt Memorial	5/ 3/2019
39-3.75	Christopher Davenport (Southfield Christian)11	Greensboro/AAU Junior Olympics (-0.2)....	7/31/2019
38-0.5	Josiah Bowers (Northville)12	Detroit/AAU Region 12.....	6/28/2019
36-9	Fred George (Farmington Hills Harrison)9	Greensboro/AAU Junior Olympics (0.9).....	7/30/2019
35-1	Adishvar Jeyaranjan (Novi)11	Detroit/AAU Region 12.....	6/28/2019

SHOT

69-4.25	Dylan Targgart (Coldwater)11 (66-8, f, f, 60-1.25, 67-7, 69-4.25)	Greensboro/New Balance Nationals	6/15/2019
67-7	Targgart	Greensboro/New Balance Nationals (!).....	6/15/2019
66-8	Targgart	Greensboro/New Balance Nationals (!).....	6/15/2019
66-7.5	Targgart (62-1, 66-7.5, 62-8, 62-2, 63-5, 65-0)	Zeeland/D2 State	6/ 1/2019
65-9	Targgart (61-0, 63-0, 64-2, 65-9, f, f)	Williamston/Inv	5/11/2019
65-0	Targgart	Zeeland/D2 State (!).....	6/ 1/2019
64-2	Targgart	Williamston/Inv (!).....	5/11/2019
64-0.5	Targgart	Coldwater/dual	3/26/2019
63-9	Targgart	Coldwater/dual	4/23/2019
63-5	Targgart	Zeeland/D2 State (!).....	6/ 1/2019
63-0	Targgart	Williamston/Inv (!).....	5/11/2019
62-11	Targgart	Wildcat Booster.....	5/ 3/2019
62-9.5	Targgart	Coldwater/Branch County	5/28/2019
62-8	Targgart	Zeeland/D2 State (!).....	6/ 1/2019
62-2	Targgart	Zeeland/D2 State (!).....	6/ 1/2019
62-1	Targgart	Zeeland/D2 State (!).....	6/ 1/2019
60-4	Myles Kerner (GR Kenowa Hills)12	Zeeland/D2 State	6/ 1/2019
59-7	Alex VanDeWeghe (Ithaca)12	Jenison/D3 State.....	6/ 1/2019
57-9	Tyler Oxley (Parma Western)12	Hastings/I-8 Conference	5/21/2019
56-5	Nathan Spitzley (Pewamo-Westphalia)11	Pewamo/Last Chance	5/13/2019
56-3	Clarence Corbett (Woodhaven)11	Kentwood/D1 State	6/ 1/2019
55-9.5	James Mackey (East Kentwood)11	Comstock Park/Metro Health	5/22/2019
55-0.25	Ellis Trainor (Lansing Waverly)11	Kentwood/D1 State	6/ 1/2019

54-9.5	Brennan Waslusky (Breckenridge)12	Breckenridge/D4 Regional	5/18/2019
54-7	Boone Bonnema (Zeeland East)12	Allendale/D2 Regional.....	5/18/2019
54-2	Baylee Chaffin (Ithaca)12	St Charles/Tri	5/13/2019
54-2	Thomas Kendziora (Onsted)12	Jenison/D3 State.....	6/ 1/2019
53-11	Brian Jones (Grand Blanc)12	Kentwood/D1 State	6/ 1/2019
53-6	Brandon Ross (Macomb Dakota)11	Macomb/Cougars Inv	5/11/2019

DISCUS

187-7	Dylan Targgart (Coldwater)11	Zeeland/D2 State	6/ 1/2019
180-6	Demetrius Miller (Gaylord)12	Auburn/D1 Regional.....	5/17/2019
180-4	Myles Kerner (Grand Rapids Kenowa Hills)12	Zeeland/MITCA D2.....	5/24/2019
180-1	Eli Winter (Alpena)11	Kentwood/D1 State	6/ 1/2019
174-8	Baylee Chaffin (Ithaca)12	East Lansing/Midwest Meet	6/ 8/2019
173-9	Nathan Spitzley (Pewamo-Westphalia)11	Jenison/D3 State.....	6/ 1/2019
172-7	Justin Doty (Bay City Western)10	Lapeer/Saginaw Valley League.....	5/22/2019
172-2	James Mackey (East Kentwood)11	Comstock Park/Metro Health	5/22/2019
170-0	Noah Bolt (Mattawan)11	Paw Paw/Inv	4/13/2019
167-5	Alex VanDeWeghe (Ithaca)12	St Louis/dual	5/ 8/2019
165-5	Jacob Ogg (Walled Lake Northern)12	Livonia/Churchill Field Inv	5/21/2019
162-10	Tyler Overholt (Centreville)12	Comstock/Inv	5/13/2019
163-6	Aidan Taylor (Zeeland East)9	Zeeland/MITCA D2.....	5/24/2019
161-8	Brennan Waslusky (Breckenridge)12	Hudsonville/D4 State.....	6/ 1/2019
160-10	Jordan Turner (Farmington)11	Oak Park/OAA Blue/Gold	5/10/2019
160-8	Noah Evers (Plainwell)12	Allegan/Inv	4/26/2019
160-3	Donovan Wright (South Lyon East)11	Milford/D1 Regional.....	5/17/2019

HAMMER

184-4	Josh DeVries (Portage Northern)11 (184-4, f, 183-5, f, f, f)	Greensboro/New Balance Nationals	6/14/2019
183-5	DeVries	Greensboro/New Balance Nationals (!).....	6/14/2019
174-10	DeVries	Portage/HT-JT Qualifier.....	5/23/2019
157-2	DeVries	Portage/HT-JT Qualifier (!)	5/23/2019
146-3	Noah Bolt (Mattawan)11 (146-3, f, f)	Greensboro/New Balance Nationals	6/14/2019
98-2	Tyus Vang-Shonoiki (Portage Northern)11	Portage/HT-JT Qualifier.....	5/23/2019
75-10	Hayden Vanderweele (Portage Northern)12	Portage/HT-JT Qualifier.....	5/23/2019

JAVELIN

157-8	Preston Nichols (St Joseph)9	Albion/AAU District.....	6/16/2019
156-10	Steele Butzin (Macomb Lutheran North)12	Detroit/AAU Region 12.....	6/28/2019
153-5	Nichols	Detroit/AAU Region 12.....	6/28/2019
152-10	Butzin	Albion/AAU District.....	6/16/2019
145-3	Nichols	Greensboro/AAU Junior Olympics	7/29/2019
136-5	Javon Williams (Macomb Seneca MS)8	Detroit/AAU Region 12.....	6/28/2019
133-2	Simon Jones (Dearborn Divine Child)11	Detroit/AAU Region 12.....	6/28/2019
128-0	Jaelyne Barnett (Oak Park)11	Detroit/AAU Region 12.....	6/28/2019
127-9	Drake Willenborg (South Lyon East)10	Greensboro/AAU Junior Olympics (dec)	7/28/2019
123-8	Jacob Ogg (Walled Lake Northern)12	Detroit/AAU Region 12.....	6/28/2019
121-3	Shon Martin (Detroit MS)8	Detroit/AAU Region 12.....	6/28/2019

DECATHLON (hs implements)

5242	Simon Jones (Dearborn Divine Child)11 (11.59 [0.6], 20-0.25 [0.0], 33-0.5, 5-1, 55.26, 17.84 [0.4], 87-9, 12-11, 122-11, 5:20.46)	Greensboro/AAU Junior Olympics	7/28/2019
5113	Jones (11.42, 20-1.75, 34-0.25, 5-3.75, 55.20, 22.22, 98-10, 13-4.25, 132-2, 5:29.23)	Detroit/AAU Region 12.....	6/28/2019
4846	Steele Butzin (Macomb Lutheran North)12 (12.35, 19-2.5, 30-5.75, 5-9.75, 57.82, 19.96, 94-11, 11-6.25, 148-8, 5:35.72)	Detroit/AAU Region 12.....	6/28/2019
4761	Drake Willenborg (South Lyon East)10 (12.18 [0.6], 15-9 [0.6], 32-5.5, 5-5, 56.80, 18.29 [1.2], 115-9, 8-11.75, 127-9, 5:10.68)	Greensboro/AAU Junior Olympics	7/28/2019
4584	Noah Reuter-Gushow (Midland Dow)9 (11.86 [0.6], 19-8.25 [-1.5], 25-6.75, 4-7, 54.02, 18.30 [-1.2], 68-8, 8-11.75, 113-11, 4:59.83)	Greensboro/AAU Junior Olympics	7/28/2019
4541	Josiah Bowers (Northville)12 (12.22, 18-0.25, 39-2.25, 5-5.75, 56.06, 18.68, 68-4, 9-3, 83-1, 5:14.69)	Detroit/AAU Region 12.....	6/28/2019

4 x 100 RELAY

42.03	Rockford	Lansing/MITCA D1	5/25/2019
	(John Vanden Heuvel, Jacob Rademacher, Eli Haddad, Noah Stallworth)		
42.10	Rockford	Kentwood/D1 State	6/ 1/2019
	(Jacob Rademacher, John Vanden Heuvel, Eli Haddad, Noah Stallworth)		
42.15	East Kentwood	Kentwood/D1 State	6/ 1/2019
	(Jaylin Holmes, Junior Hie, Stephan Bracey, Colton Emeott)		
42.36	East Kentwood	Grand Haven/D1 Regional	5/17/2019
	(Jaylin Holmes, Junior Hie, Stephan Bracey, Colton Emeott)		
42.46	Detroit Renaissance	Farmington/D1 Regional	5/18/2019
	(Demari Johnson, Muhammad Jammeh, Jeffrey Bowens, Dylan Brown)		
42.48	Detroit Renaissance	Kentwood/D1 State	6/ 1/2019
	(Jeffrey Bowens, Muhammad Jammeh, Anthony Spears, Dylan Brown)		
42.50	Rockford	Comstock Park/Metro Health	5/22/2019
	(Jackson Mosely, Jacob Rademacher, Eli Haddad, Noah Stallworth)		
42.50	Ann Arbor Huron	Kentwood/D1 State	6/ 1/2019
	(Divine Obi, Kyle Martin, Ibraheem Joseph, Ashton Sanders)		
42.52	Rockford	Grand Haven/D1 Regional	5/17/2019
	(Jackson Mosely, Jacob Rademacher, John Vanden Heuvel, Eli Haddad, Noah Stallworth)		
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42.66	Muskegon	Muskegon/WM All-Star	5/22/2019
	(Tommy Watts, Demario Robinson, Hyrosha Wilson, Jacarri Thomas-Kitchen)		
42.68	Muskegon Reeths-Puffer	Muskegon/WM All-Star	5/22/2019
42.72	Holt	Lansing/MITCA D1	5/25/2019
42.75	Oak Park	Farmington/D1 Regional	5/18/2019
42.77	Warren Michigan Collegiate	Clare/MITCA D3	5/25/2019
	(Dasean Adams, Darrin Black, Tracheon Adams, Reginald Nobles)		
42.79	Northville	Novi/KLAA	5/10/2019
	(Ben Shuart, Zack Phillips, Demetri Zervos, Brandon Kearney)		
42.83	Grand Rapids Northview	Kentwood/D1 State	6/ 1/2019
	(Jakaurie Kirkland, Joe Toole, Donovan Richardson, Jehkota Tierney)		
42.88	Jenison	Comstock Park/Metro Health	5/22/2019
	(Brandon Moerland, Clarence Molenje, Zac Brisbin, Jarel Jackson)		
42.98	Southfield	Farmington/D1 Regional	5/18/2019
42.99	Warren Mott	Macomb/County Champs	5/23/2019
	(Trevon Madison, James Murray, Daiyon Anderson, Darius Willis)		
43.00	Bloomfield Hills	Kentwood/D1 State	6/ 1/2019
	(Evan Knox, Kobe Reed, David Adedapo, Alan Choukourian)		
43.04	Flint Carman-Ainsworth	Davison/Twilight	5/10/2019
43.08	Farmington	Farmington/D1 Regional	5/18/2019
43.16	Belleville	Novi/KLAA	5/10/2019
43.22	Grand Blanc	Lake Orion/D1 Regional	5/17/2019

4 x 200 RELAY

1:27.37	East Kentwood	Kentwood/D1 State	6/ 1/2019
	(Michael Ostuno, Elijah Ealy, Junior Hie, Stephan Bracey)		
1:27.64	East Kentwood	Grand Haven/D1 Regional	5/17/2019
	(Michael Ostuno, Elijah Ealy, Junior Hie, Stephan Bracey)		
1:27.72	Fenton	Kentwood/D1 State	6/ 1/2019
	(Ethan Pyeatt, Noah Sage, Ryan Miller, Brandon Miller)		
1:27.93	Fenton	Milford/D1 Regional	5/17/2019
1:28.30	Warren Michigan Collegiate	Clare/MITCA D3	5/25/2019
	(Dasean Adams, Darrin Black, Tracheon Adams, Reginald Nobles)		
1:28.40	Detroit Renaissance	Farmington/D1 Regional	5/18/2019
	(Jeffrey Bowens, Dylan Brown, Pearson Alexander, Muhammad Jammeh)		
1:28.70	Brighton	Milford/D1 Regional	5/17/2019
	(Scott Spaanstra, Will Jontz, Brenden Edoff, Chris Seguin)		
1:28.75	Northville	Kentwood/D1 State	6/ 1/2019
	(Zack Phillips, Demetri Zervos, Nolan Knight, Brandon Kearney)		
1:28.83	Grosse Pointe South	Kentwood/D1 State	6/ 1/2019
	(Owen Bollaert, Chase Tomlin, AJ Benson, Grant Hart)		
1:28.96	Warren Mott	Warren/D1 Regional	5/17/2019

	(Cavin Coleman, James Murray, Traveon Madison, Darius Willis)	
1:28.96	Zeeland West	Zeeland/MITCA D2..... 5/24/2019
	(Carson Holwerda, Ethan Brooks, Evan Eding, Ben Brooks)	
1:29.22	Flint Carman-Ainsworth	Davison/Twilight..... 5/10/2019
1:29.40	Grand Blanc	Lake Orion/D1 Regional..... 5/17/2019
1:29.54	Fruitport	Muskegon/WM All-Star..... 5/22/2019
1:29.59	Farmington	Farmington/D1 Regional..... 5/18/2019
1:29.80	Lansing Waverly	Kentwood/D1 State..... 6/ 1/2019
1:29.82	West Bloomfield	Kentwood/D1 State..... 6/ 1/2019
1:29.85	Southfield	Farmington/D1 Regional..... 5/18/2019
1:29.85	Oak Park	Farmington/D1 Regional..... 5/18/2019

4 x 400 RELAY

3:18.54	East Kentwood	Kentwood/D1 State..... 6/ 1/2019
	(Michael Ostuno, Elijah Ealy, Junior Hie, Jeremiah Applewhite)	
3:18.89	Oak Park	Kentwood/D1 State..... 6/ 1/2019
	(Jason Flake, Josh Flake, Jeremiah Smith, Javonne Kirksey)	
3:19.66	East Kentwood	Greensboro/New Balance Nationals..... 6/16/2019
3:20.89	East Kentwood	Grand Haven/D1 Regional..... 5/17/2019
3:20.90	Rockford	Greensboro/New Balance Nationals..... 6/16/2019
3:21.34	Milford	Milford/D1 Regional..... 5/17/2019
	(Nolan Preis, Carson Jensen, Grant Ballard, Gunnar Gustafson)	
3:21.71	Brighton	Kentwood/D1 State..... 6/ 1/2019
3:22.36	Rochester Adams	Kentwood/D1 State..... 6/ 1/2019
3:22.59	Oak Park	Clarkston/Oakland County..... 5/24/2019
3:23.11	Grand Blanc	Kentwood/D1 State..... 6/ 1/2019
3:23.42	Yale	Kentwood/D1 State..... 6/ 1/2019
3:24.06	Niles	Kentwood/D1 State..... 6/ 1/2019
3:24.37	Saline	Kentwood/D1 State..... 6/ 1/2019
3:24.39	Forest Hills Central	Kentwood/D1 State..... 6/ 1/2019
3:24.69	Ann Arbor Pioneer	Ypsilanti/D1 Regional..... 5/17/2019
3:24.70	Zeeland West	Kentwood/D1 State..... 6/ 1/2019
3:25.14	Northville	Milford/D1 Regional..... 5/17/2019
3:25.25	Zeeland West	Kentwood/D1 State..... 6/ 1/2019
3:25.37	Fowlerville	Kentwood/D1 State..... 6/ 1/2019
3:25.64	Novi	Saline/Golden Triangle..... 5/ 3/2019

4 x 800 RELAY

7:42.32	Novi	Greensboro/New Balance Nationals..... 6/15/2019
	(Blake Maday 1:57.34, Matthew Whyte 1:58.33, Matthew Gustitus 1:56.81, Miles Brown 1:49.86)	
7:44.60	Novi	Milford/D1 Regional..... 5/17/2019
	(Matthew Whyte, Matthew Gustitus, Blake Maday, Miles Brown)	
7:46.66	Novi	Clarkston/Oakland County..... 5/24/2019
	(Matthew Whyte, Matthew Gustitus, Blake Maday, Miles Brown)	
7:47.32	Milford	Milford/D1 Regional..... 5/17/2019
	(Grant Ballard, Gunnar Gustafson, Evan White, Kazuma Bowring)	
7:47.92	Ann Arbor Pioneer	Kentwood/D1 State..... 6/ 1/2019
	(John Florence, Drew Allen, Fred Wallace, Nick Foster)	
7:48.96	Rochester Adams	Kentwood/D1 State..... 6/ 1/2019
	(Gage Killewald, Justin Childers, Sean Garland, Parker Raymond)	
7:49.20	Ann Arbor Pioneer	Ypsilanti/D1 Regional..... 5/17/2019
	(John Florence, Drew Allen, Fred Wallace, Nick Foster)	
7:49.47	Milford	Kentwood/D1 State..... 6/ 1/2019
	(Grant Ballard, Gunnar Gustafson, Evan White, Kazuma Bowring)	
7:50.44	Rochester Adams	Clarkston/Oakland County..... 5/24/2019
	(Parker Raymond, Justin Childers, Sean Garland, Parker Raymond)	
7:51.90	Novi	Kentwood/D1 State..... 6/ 1/2019
7:51.92	Brighton	Kentwood/D1 State..... 6/ 1/2019
	(Nolan McGahan, Matt Jontz, Scott Spaanstra, Jack Spamer)	
7:52.12	Alpena	Auburn/D1 Regional..... 5/17/2019
	(Drew Seabase, Jadon Duncan, Aden Smith, Josh Smith)	
7:52.38	Saline	Kentwood/D1 State..... 6/ 1/2019

7:52.84	Ann Arbor Skyline	Kentwood/D1 State	6/ 1/2019
7:53.04	Davison	Kentwood/D1 State	6/ 1/2019
7:53.20	Corunna	Zeeland/D2 State	6/ 1/2019
7:53.63	Northville	Milford/D1 Regional.....	5/17/2019
7:55.31	Hudsonville (Josh Meza, Nate Conkel, Steven St John, Nate Vrugink)	Kentwood/D1 State	6/ 1/2019
7:56.98	Zeeland West	Zeeland/D2 State	6/ 1/2019
7:57.10	Oak Park	Kentwood/D1 State	6/ 1/2019
7:57.17	Plymouth	Plymouth/dual	5/ 1/2019
7:58.31	Grosse Pointe South	Kentwood/D1 State	6/ 1/2019
7:59.60	Walled Lake Central	Clarkston/Oakland County	5/24/2019

4 x 1600 RELAY

18:04.87+	Brighton (Zachary Stewart 4:33.5, Evan Ross 4:35.7, Nolan McGahan 4:37.1, Jack Spamer 4:24.9)	Greensboro/New Balance Nat. (18:11.19)..	6/16/2019
18:12.05	Alpena	Midland/Graves-Swayze Relays	4/18/2019
18:49.32	Caledonia	Caledonia/Soderman Relays.....	4/20/2019
18:51.32	Portage Northern	Caledonia/Soderman Relays.....	4/20/2019
19:08.93	Dearborn Divine Child	Livonia/Patriot Relays	4/13/2019
19:24.38	Grand Rapids Christian	Caledonia/Soderman Relays.....	4/20/2019
19:31.48	Traverse City Central	Midland/Graves-Swayze Relays	4/18/2019
19:35.21	Lowell	Caledonia/Soderman Relays.....	4/20/2019
19:43.06	Midland	Midland/Graves-Swayze Relays	4/18/2019
19:49.54	Kalamazoo Central	Caledonia/Soderman Relays.....	4/20/2019
19:51.75	Grand Rapids South Christian	Caledonia/Soderman Relays.....	4/20/2019

800 SPRINT MEDLEY

1:33.03	Novi (Brian You, Ein Mack, Nisarg Dharia, Miles Brown 47.87)	Greensboro/New Balance Nationals	6/14/2019
1:33.88	Novi (Leon Chen, Brian You, Nisarg Dharia, Miles Brown)	Saline/Golden Triangle	5/ 3/2019
1:34.03	Oak Park	Dayton/Roosevelt Memorial	5/ 3/2019
1:35.48	Brighton (Dylan Gehr, Chris Seguin, Scott Spaanstra, Brenden Edoff 50.53)	Greensboro/New Balance Nationals	6/16/2019
1:35.87	Detroit Renaissance	Dayton/Roosevelt Memorial	5/ 3/2019
1:35.99	Ann Arbor Huron (Trey Gardette, Ibraheem Joseph, Ashton Sanders, Kyle Martin)	Ann Arbor/Eagle End of Season.....	5/23/2019
1:36.00	Brighton (Dylan Gehr, Chris Seguin, Scott Spaanstra, Brenden Edoff)	Saline/Golden Triangle	5/ 3/2019
1:36.02	Zeeland West (Ross Bolman, Edan Eding, Ben Brooks, Ethan Brooks)	Holland/Ins Relays	5/ 4/2019
1:36.27	Rockford (Jackson Mosely, John VandenHeuvel, Jacob Rademacher, Bradley Rohen-Blanton 51.60)	Greensboro/New Balance Nationals	6/14/2019
1:36.34	Ann Arbor Huron (51.65)	Greensboro/New Balance Nationals	6/14/2019
1:36.46	Saline	Ann Arbor/Eagle End of Season.....	5/23/2019
1:36.50	Saline	Greensboro/New Balance Nationals	6/16/2019
1:36.70	Ann Arbor Skyline	Ann Arbor/Eagle End of Season.....	5/23/2019
1:37.63	Grand Haven	Holland/Ins Relays	5/ 4/2019
1:38.55	Fenton	Saline/Golden Triangle	5/ 3/2019
1:38.85	Caledonia	Lowell/Talus Memorial	4/27/2019
1:39.66	Lowell	Lowell/Talus Memorial	4/27/2019

1000 SWEDISH MEDLEY

2:02.19	Rockford (Jackson Mosely, Eli Haddad, Bradley Rohen-Blanton, Jacob Rademacher 50.91)	Greensboro/New Balance Nationals	6/14/2019
2:09.97	Grand Rapids Ottawa Hills (Trayvon Johnson, Kamarion Craig, Larry Phillips, Myonbe Thomas)	Grand Rapids/Elite Challenge	4/20/2019
2:10.38	Grandville Calvin Christian (Ben MCCarty, Caleb Schutte, Tyler Elliott, Abraham VandenHoek)	Grand Rapids/Elite Challenge	4/20/2019
2:12.38	Zeeland East (Adam Cassel, Griffin Heerspink, Ryan Stockdale, Clayton Dykhouse)	Grand Rapids/Elite Challenge	4/20/2019

1200 SPRINT MEDLEY

2:33.79	Caledonia	Caledonia/Soderman Relays.....	4/20/2019
2:36.33	Lowell	Caledonia/Soderman Relays.....	4/20/2019
2:38.35	Hartland	Lake Fenton/Blue Devil Relays	4/13/2019
2:38.72	Holland	Caledonia/Soderman Relays.....	4/20/2019
2:39.31	Ionia	Ionia/Bulldog Relays	4/20/2019

1600 SPRINT MEDLEY

3:33.49	Saline (Kyle Greenwood, Andrew Victoria, Eric Reuter, Cam Bacarella 1:55.56)	Greensboro/New Balance Nationals	6/14/2019
3:37.47	Oak Park	Dayton/Roosevelt Memorial	5/ 3/2019
3:40.86	Ann Arbor Huron (2:03.07)	Greensboro/New Balance Nationals	6/15/2019
3:41.52	White Lake Lakeland	White Lake/Coaches Inv	4/27/2019
3:47.38	Flint Carman-Ainsworth	White Lake/Coaches Inv	4/27/2019

2400 MEDLEY

5:58.72	Alpena	Midland/Graves-Swayze Relays	4/18/2019
6:07.10	Midland	Midland/Graves-Swayze Relays	4/18/2019
6:14.11	Traverse City Central	Midland/Graves-Swayze Relays	4/18/2019

DISTANCE MEDLEY

10:12.38	Alpena (Josh Smith 3:07.25, Jaden Duncan 50.10, Drew Seabase 1:58.99, Aden Smith 4:16.05)	Greensboro/New Balance Nationals	6/16/2019
10:15.10	Novi (Matthew Whyte 3:15.14, Matthew Gustitus 52.33, Miles Brown 1:51.57, Blake Maday 4:16.07)	Greensboro/New Balance Nationals	6/16/2019
10:20.61	Milford (Grant Ballard, Carson Jensen, Gunnar Gustafson, Evan White)	Saline/Golden Triangle.....	5/ 3/2019
10:28.22	Brighton (Zachary Stewart 3:16.07, Scott Spaanstra 49.59, Matt Jontz 1:56.51, Jack Spamer 4:26.06)	Greensboro/New Balance Nationals	6/16/2019
10:34.40	Waterford Mott (Noah Fuerst, Hunter Fougner, Brandon Tower, Julie Ledezma)	Saline/Golden Triangle.....	5/ 3/2019
10:36.32	Birmingham Seaholm (George Nummer 3:10.85, Anthony Marx 51.57, Brody Longe (2:02.75, Jakob Sayers 4:31.15)	Greensboro/New Balance Nationals	6/16/2019
10:41.69	Hudsonville (Nate Conkel 3:16.43, Josh Meza 50.41, Steven St John 1:59.41, Nate Vrugink 4:35.44)	Greensboro/New Balance Nationals	6/16/2019
10:42.77	Dearborn Divine Child (Anthony Hancock, Andrew Wright, Oscar Hernandez, Michael Hancock)	Saline/Golden Triangle.....	5/ 3/2019
10:45.11	Zeeland West	Holland/Ins Relays	5/ 4/2019
10:48.67	Saline	Greensboro/New Balance Nationals	6/16/2019
10:56.18	Holland	Caledonia/Soderman Relays.....	4/20/2019
11:01.51	Otsego	Caledonia/Soderman Relays.....	4/20/2019